The first ISO 9001 certified dental centre

By Dr. Ammar Al-Ekry, Bahrain

Cosmetics is a necessity. We then start talking about the cosmetic treatment of teeth of which Dr. Alekri said explaining: “There is a misconception about what is called teeth cosmetics that it is some sort of luxury. This is not accurate because most of these treatments are necessary.”

Dr. Ammar Al-Ekry started his practice in 2000. The first ISO 9001 certified dental centre named Dr. Ammar Al-Ekry Dental Centre in Bahrain. ISO 9001 certified.

The role of dentists is preventive in the first place and therapeutic in the second. He continued: “Yet, the general culture that we have now directs the individual not to resort to the dentist until after feeling pain. We are aiming at changing this cultural pattern and are trying persistently to persuade everyone of the importance of maintaining the periodic examinations, especially dental examinations.”

Prevention is better than cure Dr. Ammar Al-Ekry started his speech talking about hopes of dentists to take a more preventive than therapeutic role with patients of dental clinics. He said that: “The general culture in our society creates a correlation between consulting a physician and the disease. This concept is incorrect, and this pattern of thinking should be changed.”

He pointed out that it is very important for the person to visit the physician to perform the necessary examination periodically. He explained: “When a person specifies a periodic schedule to visit the dentist once every 6 months, this will allow the dentist to examine the mouth and teeth, and remove lime from the gum and teeth as well as other accumulations if needed. At the same time, the dentist will be able to identify any medical conditions in an early stage and provide the appropriate treatment for them.”

Dr. Ammar further mentions that many of those who are treating themselves from tooth decay or gum disease or other diseases believe that the treatment ends at the last session of the therapeutic program, thus neglecting the periodic examinations. They only resort to the dentist when they feel pain again.

He pointed out that implating missing teeth due to a disease or a symptom is very necessary for a proper chewing process of food. He said: “From a general image prospective, losing teeth at maximum. “Another example that illustrates the need for “cosmetic dental treatment” is obvious for any patient who underwent nerve treatment. The treated tooth becomes rigid, similar to an object made of glass and prone to break, it becomes very important to protect the tooth by cocooning it with what is commonly called “a crown”. Dr. Ammar added: “It is ironic that insurance policies cover nerve treatment so disease, while not covering the second part of the treatment which is protecting the tooth with “a crown” from any break. The insurance policy covers removing the broken tooth, yet doesn’t cover teeth implanting considering this to be cosmetic surgery.

He pointed out the importance of validating insurance responsible and reconsidering this topic very well to define the difference between treatment and cosmetics in mouth and teeth diseases.

Modify your life style

When addressing the issue of disease prevention, Dr. Alekri said: “As individual can protect himself from a lot of teeth and gum diseases by modifying his life style, which causes a lot of health problems at the level of oral health and overall health”. Dr. Alekri added: “Dietary habits and quality of food that we eat, generally, lack adequate servings of vegetables, fruits, milk and milk products. These food types contain a small percent of sugars and rich with basic components that human body needs.” He also added: “In contrast, a food and beverages that we eat daily are rich in sugars, acids and industrial colors and the most prominent example of this are soft drinks. I have found that it is the cause behind a lot of the mouth and teeth diseases that afflict Center clients in the age group between 12-22 years.”

Dr. Alekri said: “The habit of eating dinner late in the hands of Dr. affects the teeth in the long run even while maintaining washed daily. Dr. Alekri also expressed his dissatisfaction with the significant spread of the habit of smoking among Bahrainis between males and females, indicating negative effects on the teeth and mouth. He hoped that the society could change the dietary patterns and trend towards healthy dietary patterns and quitting unhealthy habits as such mentioned.

Tooth Engineering

As for his objectives that made him open the Dr. Ammar Al-Ekry Dental Centre, Dr. Alekri said: “The opening of a private clinic or medical center is considered the ambition of every doctor and the financial capability contributes to acceleration or slowing down the achievement of this dream.” He added: “Tamkeen Program, that supports small and medium enterprises, contributed in with my support, developing my clinic that was built on the philosophy of paying attention to the patients before the start of treatment, as it supplied the clinic with the latest high-quality devices in the field of dental treatment, which included Lasers, X-ray equipments and assistive devices in dentistry.”

He explained: “I wanted to plant for the patient, yet it will send the data to the company specialized in the dental industry. This will save the time and will ensure that the dental implants process will be done by structures that I have done, which increases the quality.” He said that he seeks to fulfill his dream of establishing a specialized clinic that has the certificate that enhance the confidence of our clients to our center, and assured us to the progress of work in the organization.

According to the highest professional standards and certified by accredited party, Alekri said: “That made us very happy, the consulting body (jaclon) revealed to us that the center had applied a lot of technical and administrative matters that matched the requirements for the adoption of quality certification, according to the testimony of Bureau Veritas, the accredited party of the issuance of the certificate in the world.”

He also added: “This is what makes us proud and determined to provide the best services according to the highest standards of quality, also leads us to accelerate the completion of our future plans to obtain quality certification in other areas, especially the environment.”

He also revealed his ambition to manufacture dentures inside the center, he said: “Big advances in the world of medicine quoted treatment for advanced stages on both the treatment methods and the devices used.” He added: “Recently, the acquisition of the necessary devices for manufacturing dental dentures at clinic has been done, and I have the ambition to acquire the devices used to design the dental dentures.”

He explained: “The device will also enable me to make the design of tooth dimensions which I want to plant for the patient, then it will send the data to the company specialized in the dental industry. This will save the time and will ensure that the dental implants process will be done by structures that I have done, which increases the quality.” He said that he seeks to fulfill his dream of establishing a specialized clinic that has the certificate that offers the best services to the highest standards.